

HUMANITIES AND SOCIAL SCIENCES STRAND

NO.	SUBJ. AREA	CAT#	COURSE	LEC	LAB	TOTAL
GRADE 11 - FIRST SEMESTER (CORE / APPLIED / SPECIALIZED)						
1	ENGL	111	Oral Communication in Context	80	0	80
2	UCSP	111	Understanding Culture, Society and Politics	80	0	80
3	ELSC	111	Earth and Life Science	50	30	80
4	PHIL	121	Introduction to the Philosophy of the Human Person/Pambungad sa Pilosopiya ng Tao	80	0	80
5	GMAT	111	General Mathematics	80	0	80
6	PEDH	111	Physical Education and Health	20	0	20
7	HMRM	111	Homeroom	20	0	20
8	EAPP	111	English for Academic and Professional Purposes	80	0	80
9	ICT	112	Empowerment Technologies (E-Tech): ICT for Professional Tracks	80	0	80
10	HUMSS	111	Introduction to World Religions and Belief Systems	80	0	80
GRADE 11 - SECOND SEMESTER (CORE / APPLIED / SPECIALIZED)						
11	ENGL	112	Reading and Writing Skills	80	0	80
12	PHSC	112	Physical Science	50	30	80
13	STAT	112	Statistics and Probability	80	0	80
14	ENGL	121	21st Century Literature from the Philippines and the World	80	0	80
15	PEDH	112	Physical Education and Health	20	0	20
16	HMRM	112	Homeroom	20	0	20
17	RSCH	111	Practical Research 1	80	0	80
18	HUMSS	112	Disciplines and Ideas in the Social Sciences	80	0	80
19	HUMSS	125	Trends, Networks and Critical Thinking in the 21st Century Culture	80	0	80
20	HUMSS	123	Philippine Politics and Governance	80	0	80

GRADE 12 - FIRST SEMESTER (CORE / APPLIED / SPECIALIZED)

21	FILI	111	Komunikasyon at Pananaliksik sa Wika at Kulturang Pilipino	80	0	80
22	PDEV	111	Personal Development/Pansariling Kaunlaran	80	0	80
23	MEIL	122	Media and Information Literacy	80	0	80
24	PEDH	121	Physical Education and Health	20	0	20
25	HMRM	121	Homeroom	20	0	20
26	FILI	121	Pagsulat sa Filipino sa Piling Larangan (Akademik)	80	0	80
27	RSCH	121	Practical Research 2	80	0	80
28	HUMSS	121	Creative Writing/Malikhaing Pagsulat	80	0	80
29	HUMSS	122	Disciplines and Ideas in the Applied Social Sciences	80	0	80

GRADE 12 - SECOND SEMESTER (CORE / APPLIED / SPECIALIZED)

30	FILI	112	Pagbasa at Pagsusuri ng Iba't-Ibang Teksto Tungo sa Pananaliksik	80	0	80
31	CPAR	122	Contemporary Philippine Arts from the Regions	80	0	80
32	PEDH	122	Physical Education and Health 4	20	0	20
33	HMRM	122	Homeroom	20	0	20
34	ENTR	122	Entrepreneurship	80	0	80
35	RSCH	122	Inquiries, Investigations and Immersion	80	0	80
36	HUMSS	123	Creative Nonfiction: The Literary Essay	80		80
37	HUMSS	126	Community Engagement, Solidarity and Citizenship	80	0	80
38	HUMSS	127	Work Immersion/Culminating Activity	80	0	80